



# Control Hijacking

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## Control Hijacking: Defenses

*Acknowledgments: Lecture slides are from the Computer Security course taught by Dan Boneh and Zakir Durumeric at Stanford University. When slides are obtained from other sources, a reference will be noted on the bottom of that slide. A full list of references is provided on the last slide.*

# Recap: control hijacking attacks

**Stack smashing:** overwrite return address or function pointer

**Heap spraying:** reliably exploit a heap overflow

**Use after free:** attacker writes to freed control structure,  
which then gets used by victim program

**Integer overflows**

**Format string vulnerabilities**

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:

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# The mistake: mixing data and control

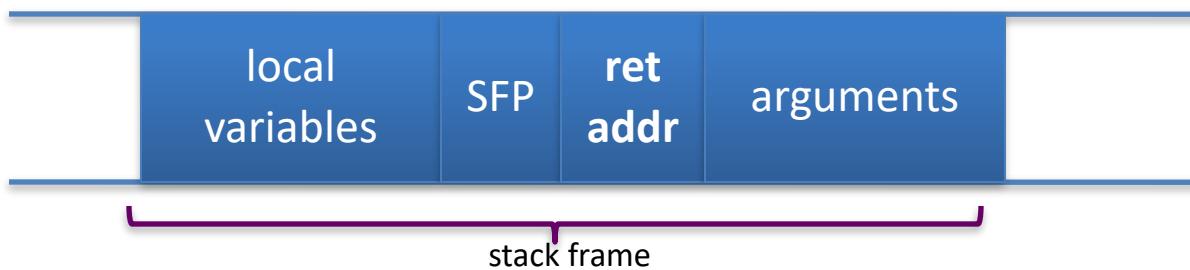
- An ancient design flaw:
  - enables anyone to inject control signals



- 1971: AT&T learns never to mix control and data

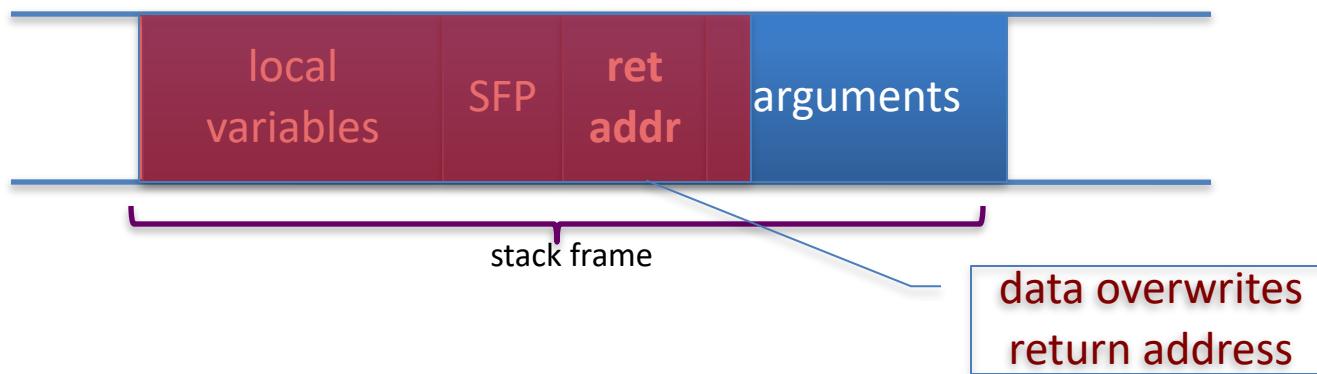
# Control hijacking attacks

The problem: mixing data with control flow in memory



# Control hijacking attacks

The problem: mixing data with control flow in memory



Later we will see that mixing data and code is also the reason for XSS, a common web vulnerability

# Preventing hijacking attacks

1. Fix bugs:
  - Audit software
    - Automated tools: Coverity, Infer, ... (more on this next week)
  - Rewrite software in a type safe language (Java, Go, Rust)
    - Difficult for existing (legacy) code ...
2. Platform defenses: prevent attack code execution
3. Harden executable to detect control hijacking
  - Halt process and report when exploit detected
  - StackGuard, ShadowStack, Memory tagging, ...

# Preventing hijacking attacks

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### 3. Harden executable to detect control hijacking

- Halt process and report when exploit detected
- StackGuard, ShadowStack, Memory tagging, ...

Transform:

Complete Breach



Denial of service



# Control Hijacking

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## Platform Defenses

# Marking memory as non-execute (DEP)

Prevent attack code execution by marking stack and heap as **non-executable**

- **NX-bit** on AMD64, **XD-bit** on Intel x86 (2005), **XN-bit** on ARM
  - disable execution: an attribute bit in every Page Table Entry (PTE)
- Deployment:
  - All major operating systems
    - Windows DEP: since XP SP2 (2004)
      - Visual Studio: **/NXCompat[:NO]**
- Limitations:
  - Some apps need executable heap (e.g. JITs).
  - Can be easily bypassed using **Return Oriented Programming (ROP)**

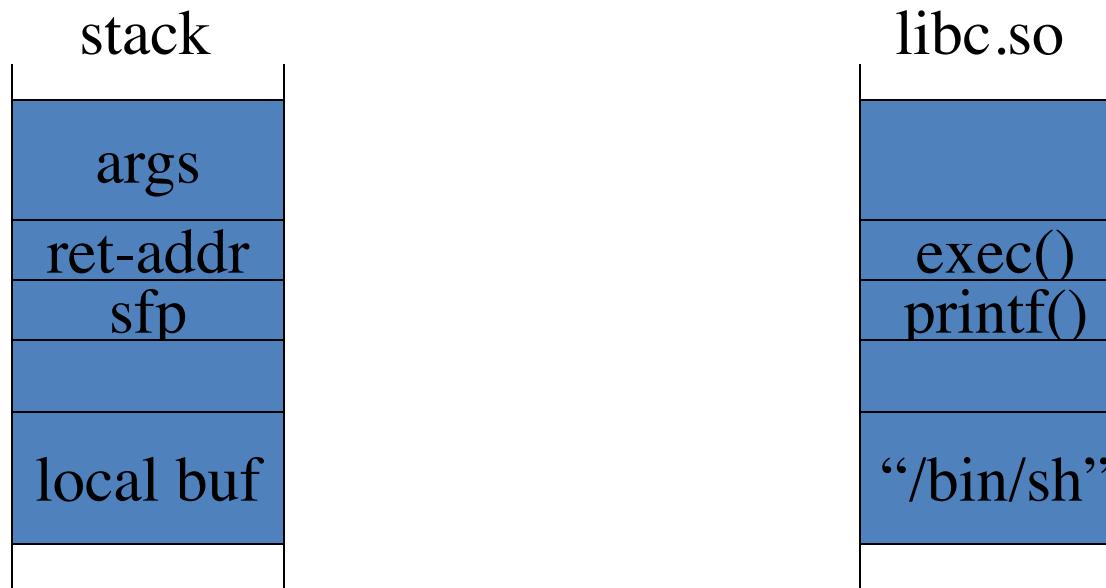
# Examples: DEP controls in Windows



DEP terminating a program

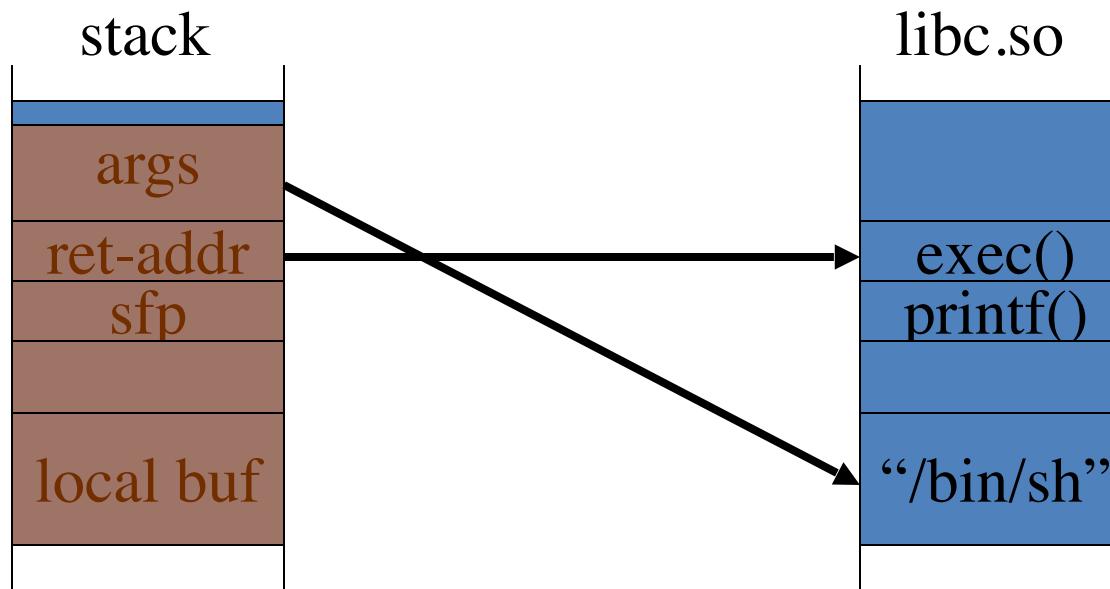
# Attack: Return Oriented Programming (ROP)

Control hijacking without injecting code:



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Control hijacking without injecting code:



# What to do?? Randomization

- **ASLR:** (Address Space Layout Randomization)
  - Randomly shift location of all code in process memory  
⇒ Attacker cannot jump directly to exec function
  - **Deployment:** (/DynamicBase)
    - **Windows 7:** 8 bits of randomness for DLLs
      - aligned to 64K page in a 16MB region ⇒ 256 choices
    - **Windows 8:** 24 bits of randomness on 64-bit processors
- **Other randomization ideas (not used in practice):**
  - Sys-call randomization: randomize sys-call id's
  - Instruction Set Randomization (ISR)

# ASLR Example

Booting twice loads libraries into different locations:

ntlanman.dll	0x6D7F0000	Microsoft® Lan Manager
ntmarta.dll	0x75370000	Windows NT MARTA provider
ntshrui.dll	0x6F2C0000	Shell extensions for sharing
ole32.dll	0x76160000	Microsoft OLE for Windows

ntlanman.dll	0x6DA90000	Microsoft® Lan Manager
ntmarta.dll	0x75660000	Windows NT MARTA provider
ntshrui.dll	0x6D9D0000	Shell extensions for sharing
ole32.dll	0x763C0000	Microsoft OLE for Windows

Note: everything in process memory must be randomly shifted  
**stack, heap, shared libs, base image**

- Win 8 Force ASLR: ensures all loaded modules use ASLR

# ROP: in more detail

To run `/bin/sh` we must direct ***stdin*** and ***stdout*** to the socket:

```
dup2(s, 0)      // map stdin to socket  
dup2(s, 1)      // map stdout to socket  
execve("/bin/sh", 0, 0);
```

# ROP: in more detail

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Gadgets in victim code:

execve("/bin/sh")  
ret

dup2(s, 0)  
ret

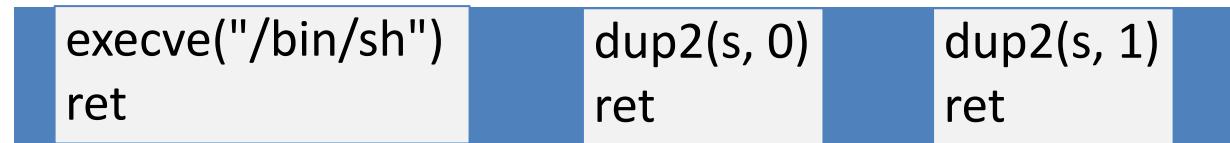
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# ROP: in more detail

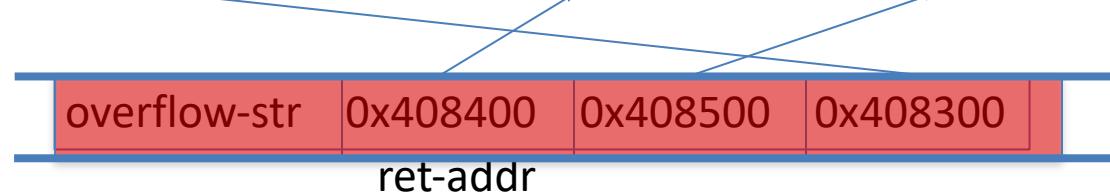
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execve("/bin/sh", 0, 0);
```

Gadgets in victim code:



Stack (set by attacker):



Stack pointer moves up on pop

# ROP: in even more detail

***dup2(s,0)*** implemented as a sequence of gadgets in victim code:

	0x408100 5f pop rdi c3 ret	0x408200 5e pop rsi c3 ret	0x408300 pop rax ret	0x408400 syscall ret
--	----------------------------------	----------------------------------	----------------------------	----------------------------

Stack (by attacker):

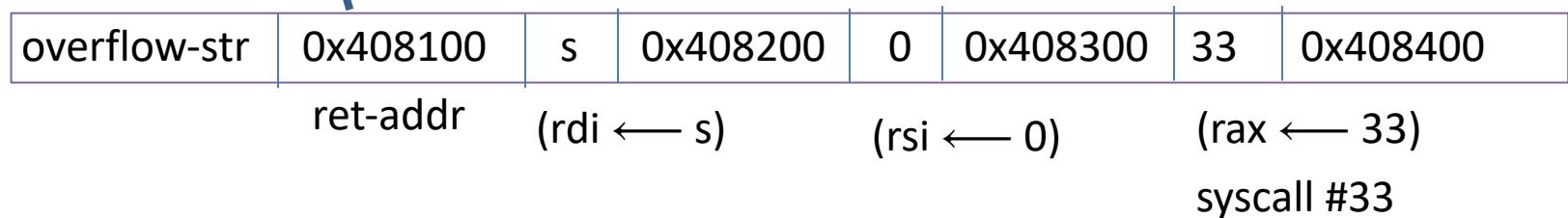
overflow-str	0x408100	s	0x408200	0	0x408300	33	0x408400
	ret-addr	(rdi ← s)		(rsi ← 0)		(rax ← 33)	syscall #33

# ROP: in even more detail

*dup2(s,0)* implemented as a sequence of gadgets in victim code:

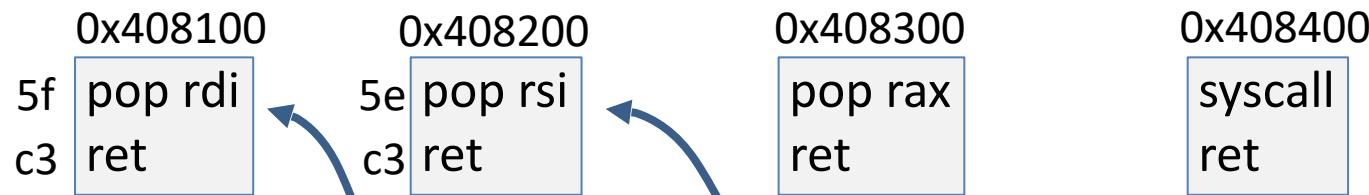
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Stack (by attacker):

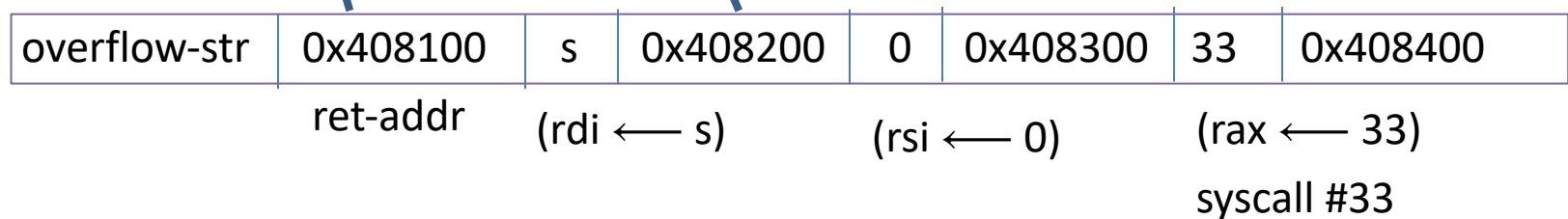


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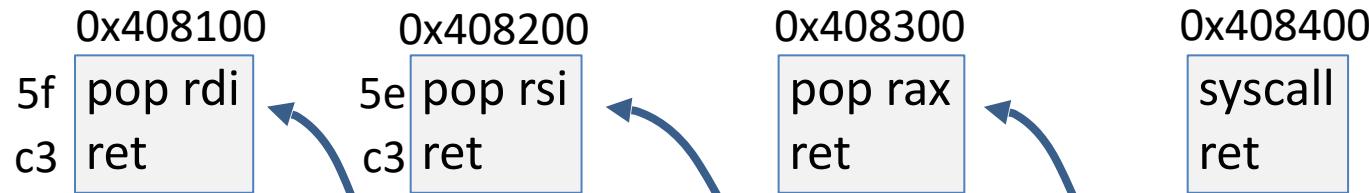


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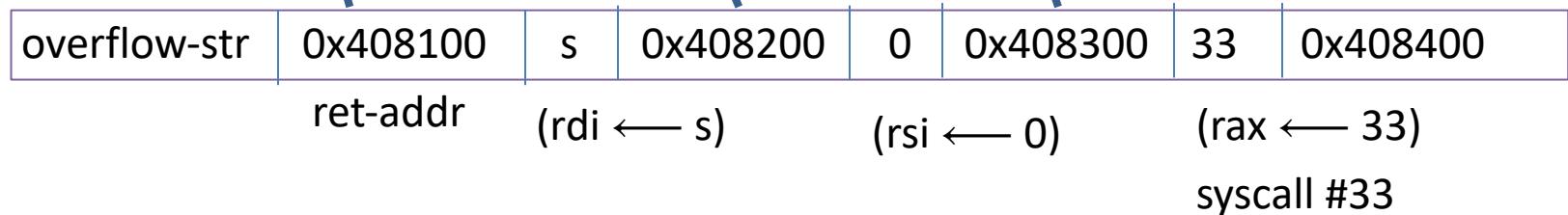


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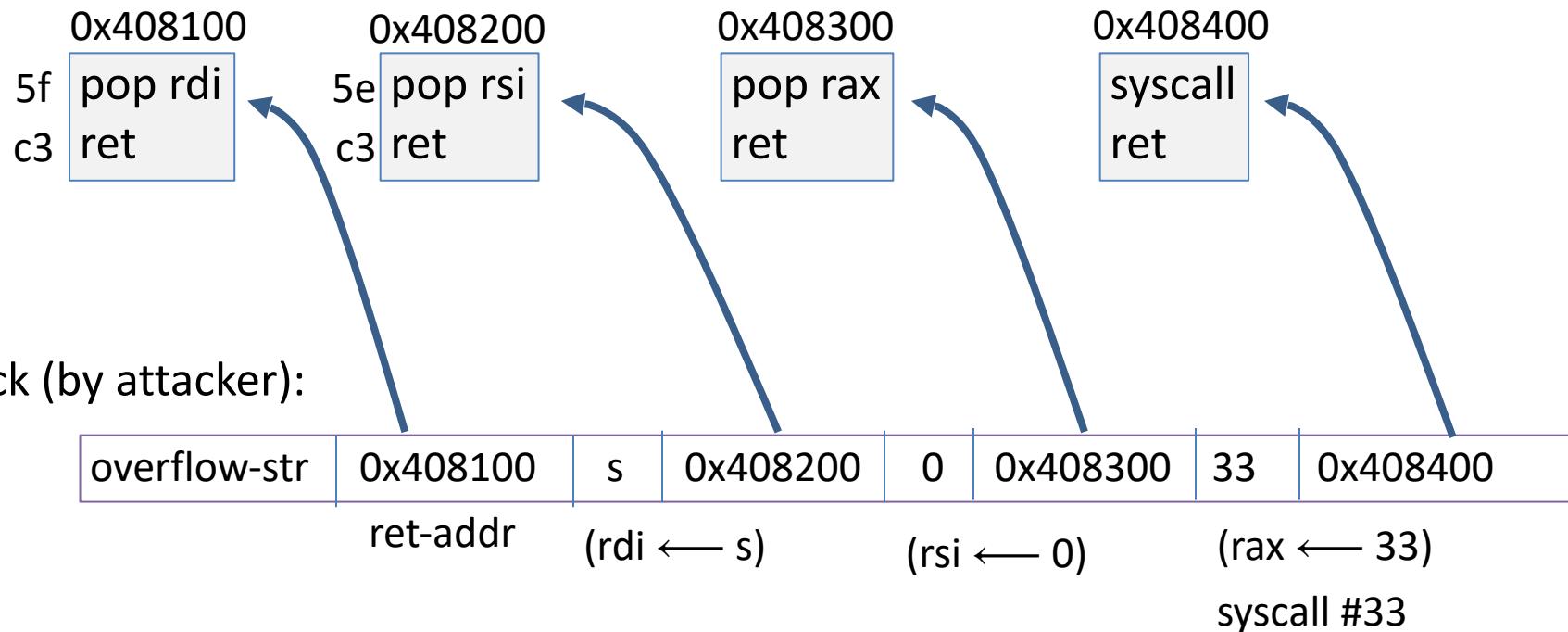


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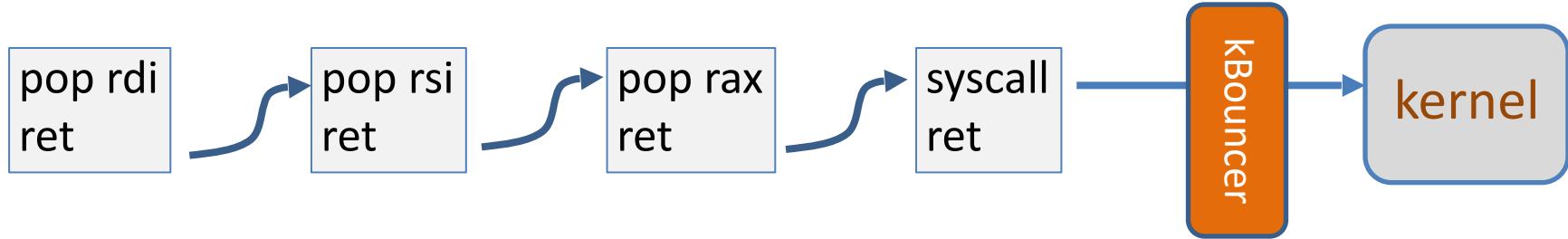


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*dup2(s,0)* implemented as a sequence of gadgets in victim code:



# A very different idea: kBouncer (2012)



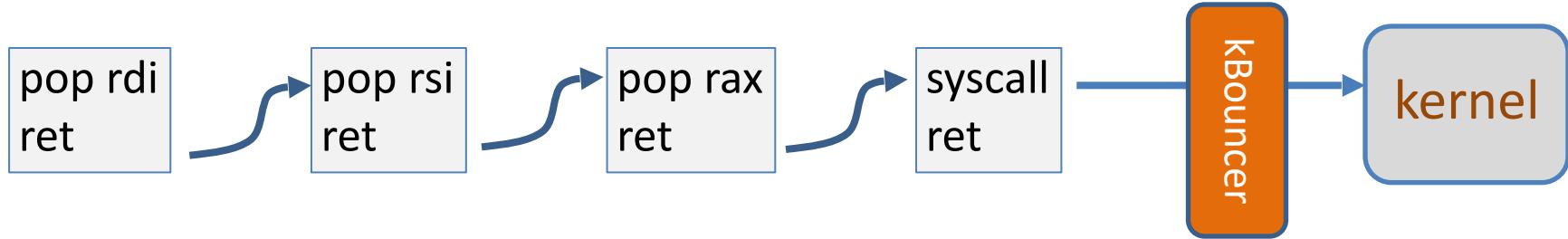
Observation: abnormal execution sequence

- ***ret*** returns to an address that does not follow a ***call***

Idea: before a syscall, check that every prior ret is not abnormal

- How: use Intel's *Last Branch Recording* (LBR)

# A very different idea: kBouncer



## Intel's Last Branch Recording (LBR):

- store 16 last executed branches in a set of on-chip registers (MSR)
- read using *rdmsr* instruction from privileged mode

kBouncer: before entering kernel, verify that last 16 *rets* are normal

- Requires no app. code changes, and minimal overhead
- Limitations: attacker can ensure 16 calls prior to syscall are valid



## Control Hijacking Defenses

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Hardening the  
executable

# Run time checking: StackGuard

- Many run-time checking techniques ...
  - we only discuss methods relevant to overflow protection
- Solution 1: StackGuard
  - Run time tests for stack integrity.
  - Embed “canaries” in stack frames and verify their integrity prior to function return.



# Canary Types

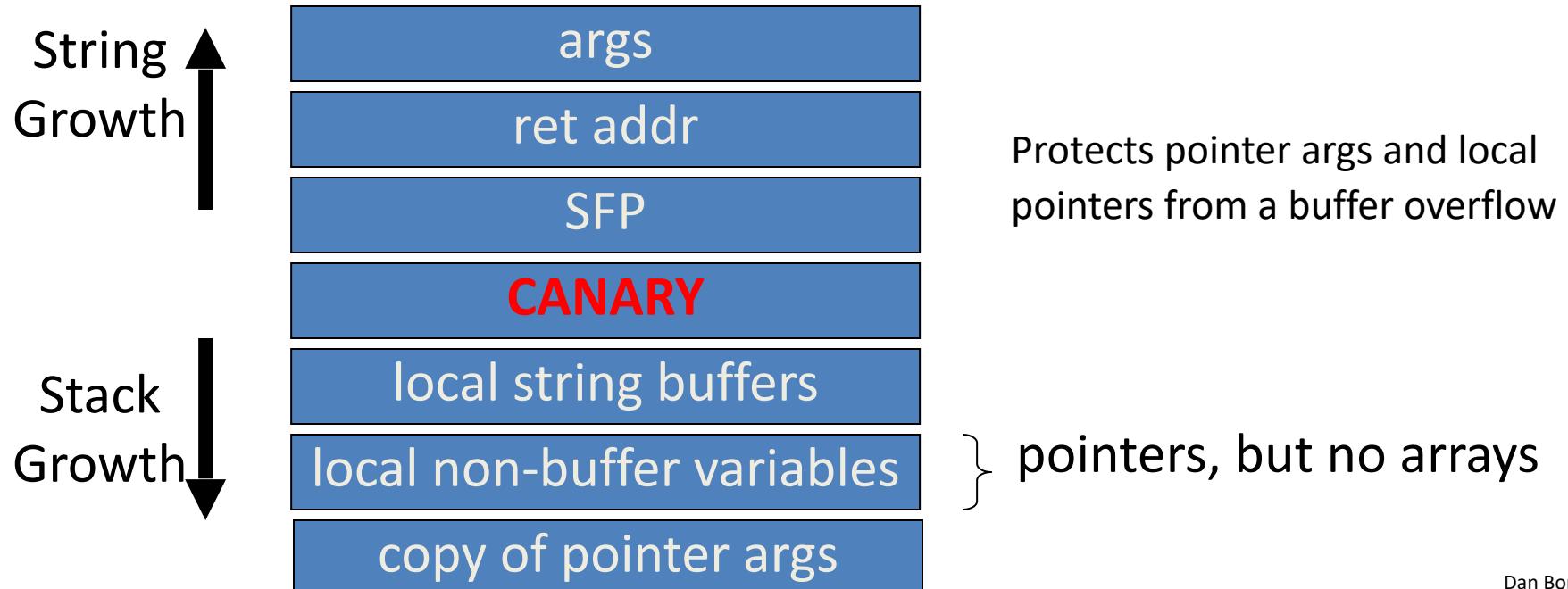
- Random canary:
  - Random string chosen at program startup.
  - Insert canary string into every stack frame.
  - Verify canary before returning from function.
    - Exit program if canary changed. Turns potential exploit into DoS.
  - To corrupt, attacker must learn current random string.
- Terminator canary:      Canary = {0, newline, linefeed, EOF}
  - String functions will not copy beyond terminator.
  - Attacker cannot use string functions to corrupt stack.

# StackGuard (Cont.)

- StackGuard implemented as a GCC patch
  - Program must be recompiled
- Minimal performance effects: 8% for Apache

# StackGuard enhancement: ProPolice

- ProPolice - since gcc 3.4.1. (**-fstack-protector**)
  - Rearrange stack layout to prevent ptr overflow.



# MS Visual Studio /GS

[since 2003]

Compiler /GS option:

- Combination of ProPolice and Random canary.
- If cookie mismatch, default behavior is to call `_exit(3)`

Function prolog:

```
sub esp, 8 // allocate 8 bytes for cookie  
mov eax, DWORD PTR __security_cookie  
xor eax, esp // xor cookie with current esp  
mov DWORD PTR [esp+8], eax // save in stack
```

Function epilog:

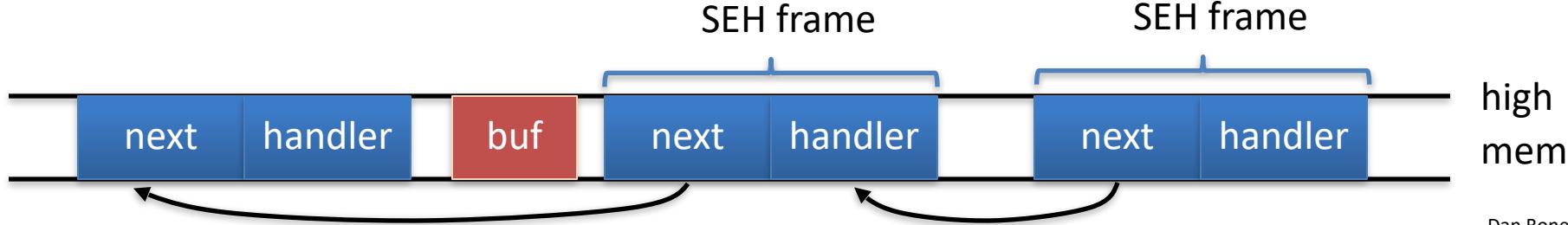
```
mov ecx, DWORD PTR [esp+8]  
xor ecx, esp  
call @_security_check_cookie@4  
add esp, 8
```

Enhanced /GS in Visual Studio 2010:

- /GS protection added to all functions, unless can be proven unnecessary

# Evading /GS with exception handlers

- When exception is thrown, dispatcher walks up exception list until handler is found (else use default handler)

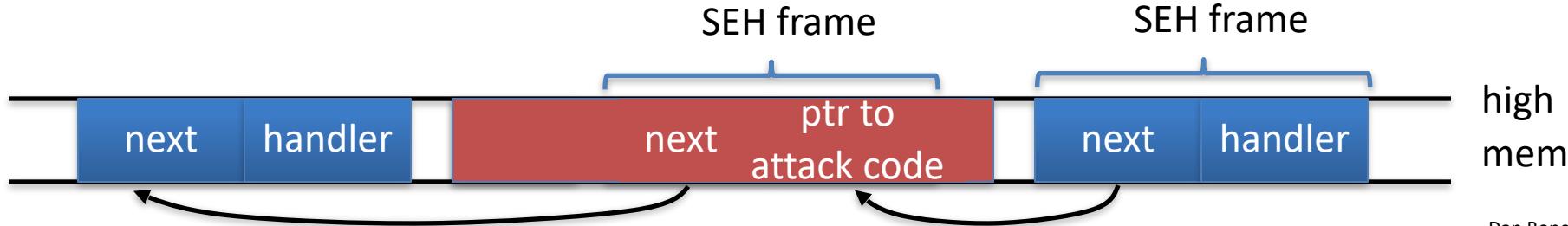


# Evading /GS with exception handlers

- When exception is thrown, dispatcher walks up exception list until handler is found (else use default handler)

After overflow: handler points to attacker's code  
exception triggered  $\Rightarrow$  control hijack

Main point: exception is triggered before canary is checked



# Defenses: SAFESEH and SEHOP

- **/SAFESEH:** linker flag
  - Linker produces a binary with a table of safe exception handlers
  - System will not jump to exception handler not on list
- **/SEHOP:** platform defense (since win vista SP1)
  - Observation: SEH attacks typically corrupt the “next” entry in SEH list.
  - SEHOP: add a dummy record at top of SEH list
  - When exception occurs, dispatcher walks up list and verifies dummy record is there. If not, terminates process.

# Summary: Canaries are not full proof

- Canaries are an important defense tool, but do not prevent all control hijacking attacks:
  - Some stack smashing attacks leave canaries unchanged: how?
  - Heap-based attacks still possible
  - Integer overflow attacks still possible
  - /GS by itself does not prevent Exception Handling attacks  
(also need SAFESEH and SEHOP)

# Even worse: canary extraction

A common design for crash recovery:

- When process crashes, restart automatically (for availability)
- Often canary is unchanged (reason: relaunch using fork)



Danger:

- canary extraction  
byte by byte

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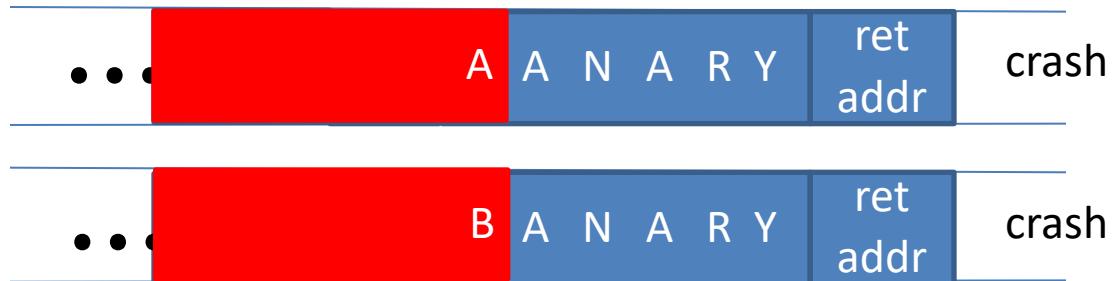
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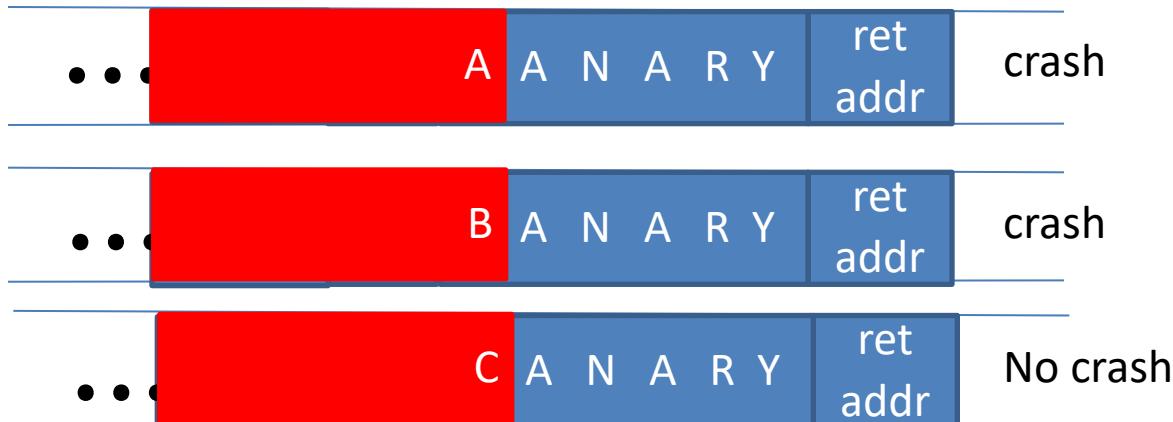
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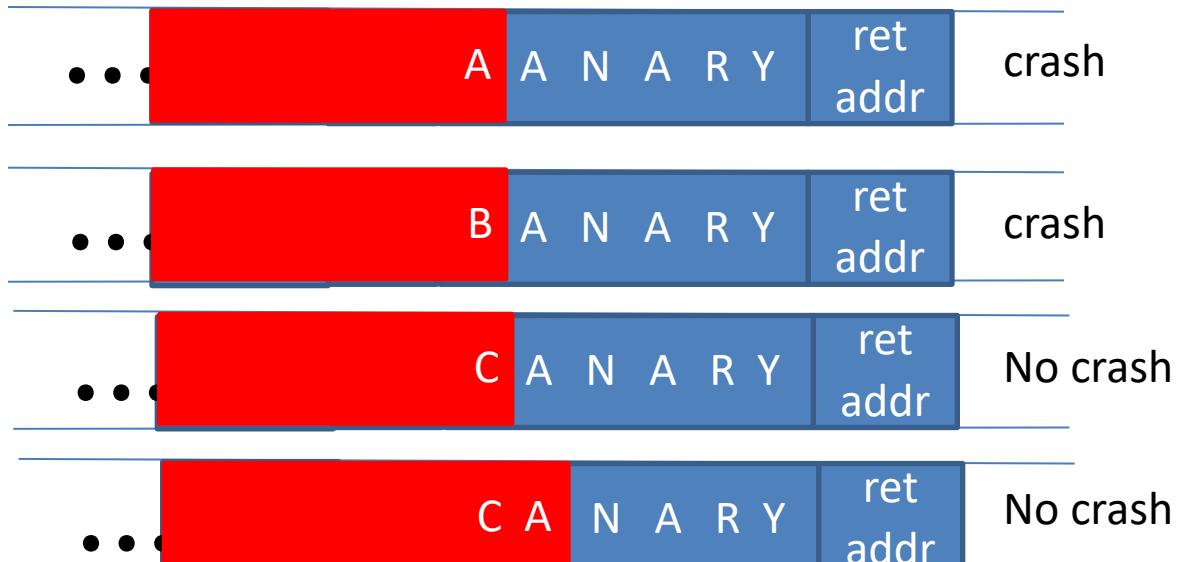
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# Similarly: extract ASLR randomness

A common design for crash recovery:

- When process crashes, restart automatically (for availability)
- Often canary is unchanged (reason: relaunch using fork)

Danger:

Extract ret-addr to  
de-randomize  
code location

Extract stack  
function pointers to  
de-randomize heap



# More methods: Shadow Stack

Shadow Stack: keep a copy of the stack in memory

- **On call:** push ret-address to shadow stack on call
- **On ret:** check that top of shadow stack is equal to ret-address on stack. Crash if not.
- Security: memory corruption should not corrupt shadow stack

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Shadow stack using **Intel CET**: (supported in Windows 10, 2020)

- New register SSP: shadow stack pointer
- Shadow stack pages marked by a new “shadow stack” attribute: only “call” and “ret” can read/write these pages

# ARM Memory Tagging Extension (MTE)

Idea: (1) every 64-bit **memory pointer** P has a 4-bit “tag” (in top byte)  
(2) every 16-byte user **memory region** R has a 4-bit “tag”

Processor ensures that: if P is used to read R then tags are equal  
– otherwise: hardware exception

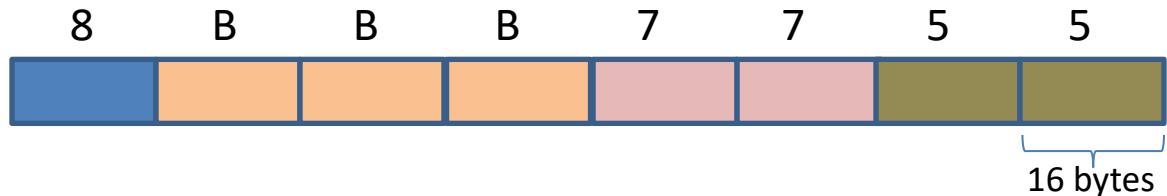
Tags are created using new HW instructions:

- LDG, STG: load and store tag to a memory region (use by malloc and free)
- ADDG, SUBG: pointer arithmetic on an address preserving tags

# Tags prevent buffer overflows and use after free

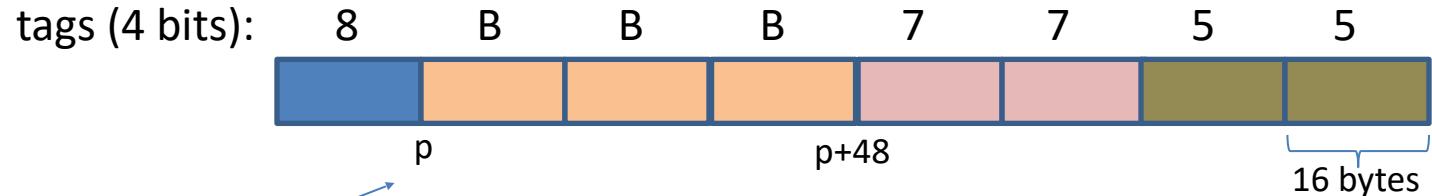
**Example:**

tags (4 bits):



# Tags prevent buffer overflows and use after free

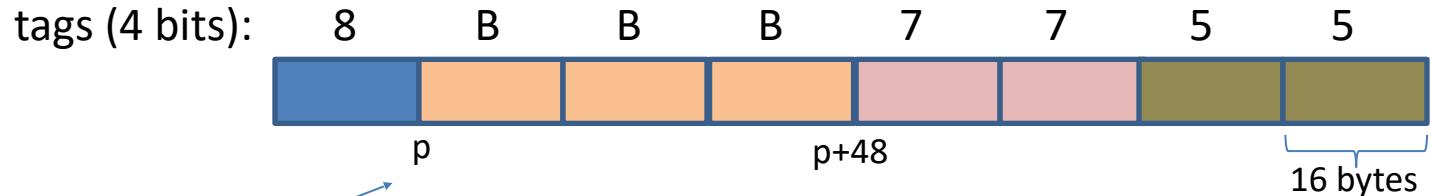
Example:



(1) `char *p = new char(40); // p = 0x B000 6FFF FFF5 1240 (*p tagged as B)`

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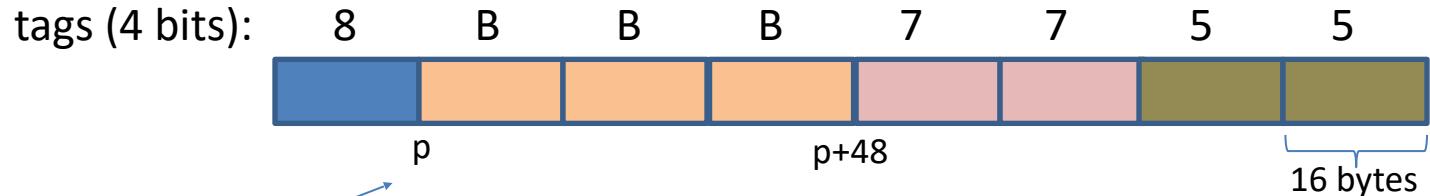
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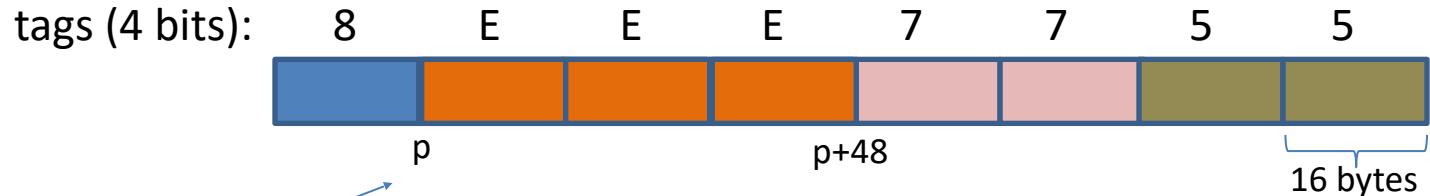
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- (3) `delete [] p; // memory is re-tagged from B to E`

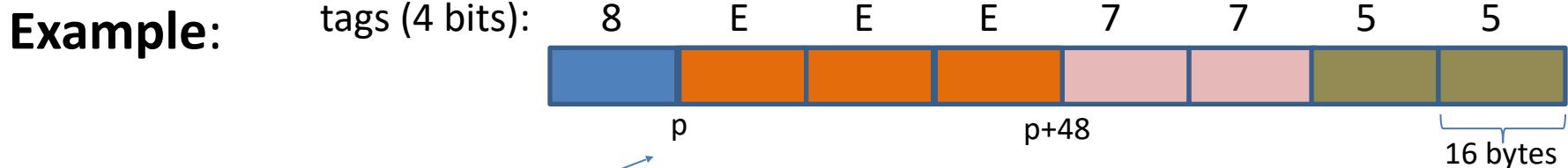
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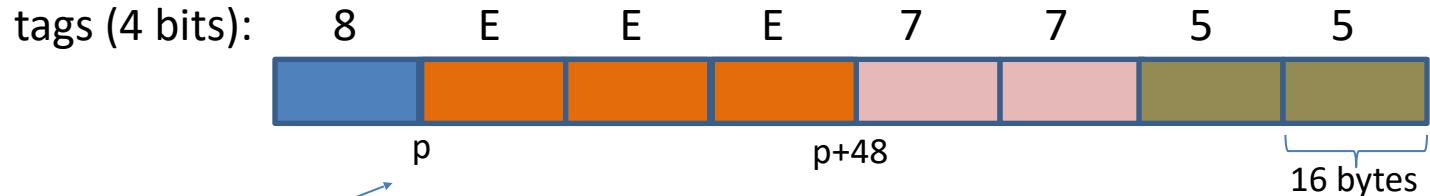
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Example:



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- (4) `p[7] = 'a'; // B≠E ⇒ tag mismatch exception (use after free)`

Note: out of bounds access to `p[44]` at (2) will not be caught.



## Control Hijacking Defenses

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Control Flow  
Integrity (CFI)

# Control flow integrity (CFI)

[ABEL'05, ...]

**Ultimate Goal:** ensure control flows as specified by code's flow graph

```
void HandshakeHandler(Session *s, char *pkt) {  
    ...  
    s->hdlr(s, pkt);  
}
```

**Compile time:** build list of possible call targets for `s->hdlr`

**Run time:** before call, check that `s->hdlr` value is on list

**Coarse CFI:** ensure that every indirect call and indirect branch leads to a valid function entry point or branch target

# Coarse CFI: Control Flow Guard (CFG)

(Windows 10)

## Coarse CFI:

- Protects indirect calls by checking against a bitmask of all valid function entry points in executable

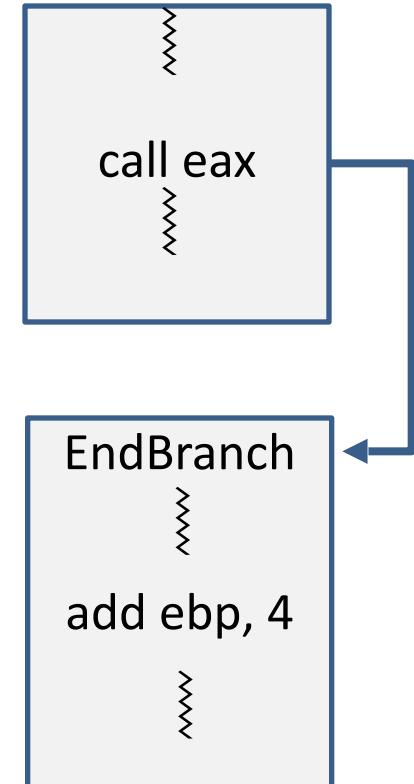
```
rep stosd  
mov    esi, [esi]  
mov    ecx, esi      ; Target  
push   1  
call   @_guard_check_icall@4 ; _guard_check_icall(x)  
call   esi  
add    esp, 4  
xor    eax, eax
```

ensures target is  
the entry point of a  
function

# Coarse CFI using **EndBranch** (Intel) and **BTI** (ARM)

New instruction **EndBranch** (Intel) and **BTI** (ARM):

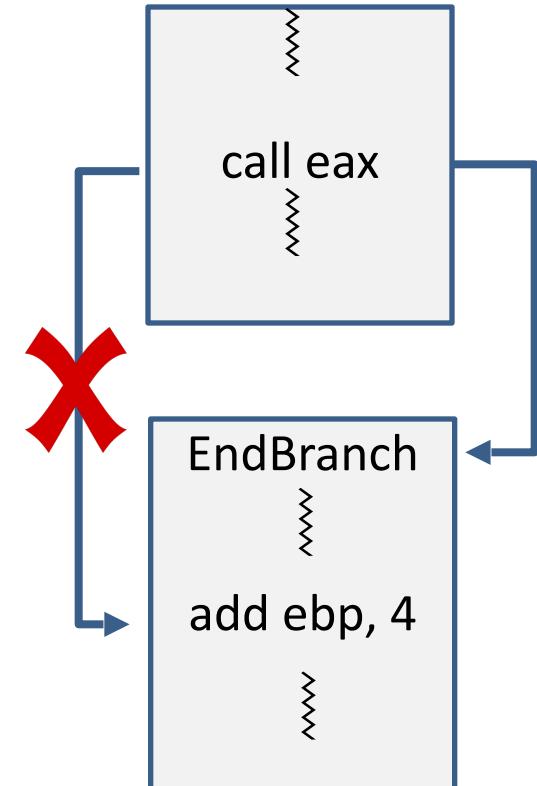
- After an indirect **JMP** or **CALL**:  
the next instruction in the  
instruction stream must be **EndBranch**
- If not, then trigger a #CP fault  
and halt execution



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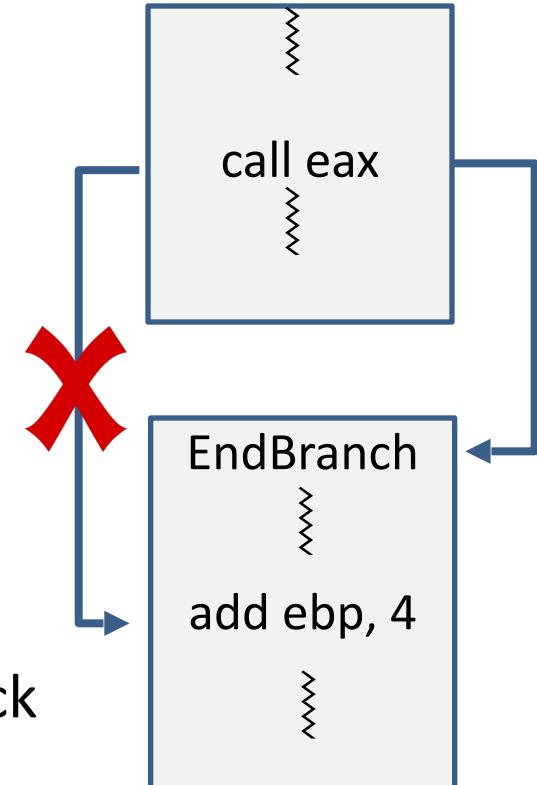
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- After an indirect **JMP** or **CALL**:  
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instruction stream must be **EndBranch**
- If not, then trigger a #CP fault  
and halt execution
- Ensures an indirect JMP or CALL can only go  
to a valid target address ⇒ no func. ptr. hijack  
(compiler inserts EndBranch at valid locations)



# CFG, EndBranch, BTI: limitations

Poor man's version of CFG:

- Poor man's version of CFG:
  - Do not prevent attacker from causing a jump to a valid wrong function
  - Hard to build accurate control flow graph statically

```
rep s  
mov  
mov  
push  
call    _guard_check_icall@4 ; _guard_check_icall(x)  
call    esi  
add    esp, 4  
xor    eax, eax
```

# An example

```
void HandshakeHandler(Session *s, char *pkt) {  
    s->hdlr = &LoginHandler;  
    ... Buffer overflow over Session struct ...  
}
```

```
void LoginHandler(Session *s, char *pkt) {  
    bool auth = CheckCredentials(pkt);  
    s->dhandler = &DataHandler;  
}
```

```
void DataHandler(Session *s, char *pkt);
```

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void HandshakeHandler(Session *s, char *pkt) {  
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Attacker controls  
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```

```
void LoginHandler(Session *s, char *pkt) {  
    bool auth = CheckCredentials(pkt);  
    s->dhandler = &DataHandler;  
}
```

```
void DataHandler(Session *s, char *pkt);
```

static CFI: attacker can call  
**DataHandler** to  
bypass authentication

# Cryptographic Control Flow Integrity (CCFI)

## (ARM PAC - pointer authentication)

**Threat model:** attacker can read/write **anywhere** in memory,  
program should not deviate from its control flow graph

**CCFI approach:** Every time a jump address is written/copied anywhere in memory:  
compute 64-bit AES-MAC and append to address

On heap:      tag = AES( $k$ , (jump-address, 0 || source-address) )

on stack:      tag = AES( $k$ , (jump-address, 1 || stack-frame) )

Before following address, verify AES-MAC and crash if invalid

Where to store key  $k$ ?      In xmm registers (not memory)

# Back to the example

```
void HandshakeHandler(Session *s, char *pkt) {  
    s->hdlr = &LoginHandler;  
    ... Buffer overflow in Session struct ... ←  
}  
Attacker controls  
handler
```

```
void LoginHandler(Session *s, char *pkt) {  
    bool auth = CheckCredentials(pkt);  
    s->dhandler = &DataHandler;  
}
```

CCFI: Attacker cannot  
create a valid MAC for  
**DataHandler** address

```
void DataHandler(Session *s, char *pkt);
```

THE END